

EMPOWERING YOU

Catalysts for Positive Change

I was brought up in a council estate with hard working parents, who taught me from an early age the value of honesty, being trustworthy, truthful and thoughtful. 'Treat Others as you wish to be treated' was our family mantra from a very young age.

However, not from an academic background I left schools with 4 O' Grades and started my work journey in a 'YTS Scheme'.



It was with some great luck (or was it?) that colleagues and management quickly recognised my EQ skills, and I skipped up the ladder into a more customer facing role. This led me into the path of Account Management/Account Director.

This programme made me realise that it was not just luck that got me to where I am now; it was hard work, honesty and being trusted to go above and beyond. To really be able to make a difference to people/customer both internally and externally. The skeleton in the cupboard 'I believed, I was not good enough - due to the lack of IQ and no University Degree'. This was subconsciously holding me back!

As a result of this training, personal coaching, and the team work of the Empowering Women course, I met a wonderful group of ladies and realised I deserved a seat at the Executive Table and people would and could listen and learn from me.

This course gave me something that I would never imagined possible. This course can help tap into everyone's hidden demons holding them back - giving you the opportunity to reach for the moon!!

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